



Our next project for UMCOR is to assemble kits that provide basic necessities to those who are most vulnerable during times of crisis. Hygiene and Menstrual Kits (Period Packs) are distributed during disasters, whether socio-economic or as the result of a natural occurrence.

## Our goal is to assemble 50 kits total by April 16 (the Sunday after Easter.)

Each type of kit costs between \$15 and \$25 per kit to assemble. We provide you with the list of required items. **Stick to the list!** Did you know these kits standardized and agreed upon by multiple international relief agencies? This means that they can be distributed all around the world in nearly every circumstance, without concern that something is missing or that there is anything extra that might potentially cause a problem. It means they don't need to spend precious time negotiating with governments to provide the kits because the governments trust what's in them.

We'll have a table in Fellowship Hall to collect the assembled kits.

If you prefer to make a financial donation towards the cost of contents of the kits, please make your check out to Morristown UMC and **write UMCOR kits in the memo line**. Checks may be placed in the offering plate or brought/mailed to the church office.

### IMPORTANT NOTES:

All items must be new. Do not wash any of the items as they will no longer be considered new. Do not include any personal notes, money, or additional materials in the kits.

Contents of kits or the containers of kits should not be imprinted with cartoon characters, advertisements, religious, patriotic, military or camouflage symbols

## HYGIENE KITS

Approximate cost \$12 per kit

- **One hand towel (15 x 25 –17 x 27 inches)**
  - No kitchen, cleaning, or microfiber towels
- **One washcloth**
  - No kitchen, cleaning, or microfiber towels
- **One comb**
  - Must be sturdy with at least 6 inches of teeth
  - No pocket combs or picks
  - Rattail and combs without handles are acceptable but must have at least 6 inches of teeth
- **One toenail or fingernail clipper**
  - No emery boards or metal nail files
- **Bath-size soap (3 oz. bar or larger)**
  - No Ivory or Jergen's soap
  - Do not remove from packaging
- **One adult toothbrush**
  - Do not remove from packaging
  - Personal advertising not acceptable - cannot be the free toothbrush from your dentist!
- **10 adhesive bandages (¾ by 3 inches)**
  - Common household bandages acceptable
- **One one-gallon size re-sealable bag**



### Assembly Instructions

- Lay hand towel flat on a table.
- Lay the washcloth in the center of the hand towel.
- Place all remaining items on top of the washcloth (except the plastic bag).
- Fold the sides of the hand towel to cover the items.
- Grasp the bundle tightly and roll over the remainder of the towel.
- Place the tightly rolled bundle in the plastic bag, remove air, and seal.

## MENSTRUAL KIT/ PERIOD PACK

Approximate cost \$24 per kit

- **One one-gallon size re-sealable bag**
- **Two 2oz bottle hand sanitizer**
- **Three 4-gallon bathroom trash bags**
- **One travel pack of wet ones**
- **10 Tampons (5 regular and 5 super absorbency)**
  - Unscented
- **10 Sanitary Napkins**
  - Unscented
  - Long super ultra-thin
- **Bath-size soap (3 oz. bar or larger)**
  - No Ivory or Jergen's soap
  - Do not remove from packaging
- **One pack of flushable wipes (42 count)**
  - Unscented
- **Six laundry detergent sheets**



### Assembly Instructions

- Start with a one-gallon resealable bag.
- Place one pack of the flushable wipes and wet ones in the bag.
- Place three 4-gallon bathroom trash bags and the 10 sanitary napkins in the bag.
- Then, add the smaller items in the plastic bag, remove air, and seal.